

The Health Project Center has been awarded the Multipurpose Senior Services Program (MSSP) for Santa Cruz County.

Our goal is your safety and independence at home. It can be difficult living on your own when you can't do as much for yourself as you once could. Daily activities like bathing and dressing, paying bills and managing medications can become frustrating. For many people the answer to staying at home is to make use of the many services that are already available in our community.

The Multipurpose Senior Services Program (MSSP) may be able to help you learn about and arrange these services.

Who is eligible for MSSP? You may be eligible for MSSP services if you:

- Are 65 years of age or older
- Are at risk of institutional placement due to frail health and inability to manage daily activities on your own
- Live in Santa Cruz County
- Have monthly Medi-Cal eligibility with no share of cost
- Need help to arrange necessary services

What services are provided? MSSP offers free care management, which is the coordination of home-based services, individualized plans, and service arrangement. This process involves you, a public health nurse, a social worker, family members, your doctor and community agencies. If you are eligible for MSSP, our staff will visit you in your home to discuss your medical, social, and home safety needs to make your life easier. They can arrange services and keep in touch with you monthly to see that your needs are being met.

Services that MSSP may be able to help you arrange include*:

- Adult Day Programs
- In-Home Support Services
- Home Delivered Meals
- Transportation Services
- Medical Equipment
- Medical Monitoring
- Respite Care
- Minor Home Safety Modifications
- Communication Devices
- Money Management

**There is no charge for MSSP services.*